



**LOWER BANN CANOE CHALLENGE
SATURDAY 23rd SEPTEMBER 2006**

Filling out your registration form:

IMPORTANT:

- **Registration Forms must be returned to the CANI office by 11th September 2006** – *anyone wishing to register after this date will be subject to a late booking fee of £5.*
- **All entrants MUST pre register for the event**
- **Registration Forms will NOT be accepted on the day of the event**

First text box – please insert your:

- Name
- Address
- Email address

Second text box – please insert your:

- Home Telephone Number
- Mobile Telephone Number

Third text box – Please insert:

- The age that you will be on the 23rd September 2006 in the space provided
- Please tick either male or female depending on your gender.

Forth Text box – If a member of CANI/ BCU/ SCA/ WCA/ ICU and/or a recognised club please insert details as directed – if you are not a member of the above please move on to Fifth text box.

Fifth Text box – There are 2 separate Challenges taking place on the Lower Bann:

- A 50km marathon – this challenge is for experienced paddlers only and is not open to the RELAY class.
- A 10km mini marathon/relay – open to all classes.

- **A junior is someone who is aged between 14 and 18 on the day of the challenge.**
- **An adult is someone who is 18 and over**

Paddlers taking up the **50km** challenge will need to be:

- Very Fit
- Aged 16 or over on date of the challenge
- Able to paddle in windy conditions on large open lakes
- Able to paddle competently through waves created by boat wakes/wind
- Able to break into and out of the current
- Able to portage (run with) their boat

Continued.....

Paddlers taking up the **10km** challenge will need to be:

- Fit
- Aged 14 or over on day of challenge
- Able to paddle in windy conditions
- Able to break into and out of the current
- Able to cope with waves created by boat wakes
- Able to portage (run/walk with) their boat

Sixth Text box – Select the ‘class’ in which you wish to paddle/compete

- Senior Racing Kayak Doubles (K2)
- Mens Senior Racing Kayak (K1)
- Womens Senior Racing Kayak (K1)
- Junior Racing Kayak (K1)
- Junior Racing Kayak Doubles (K2)
- Mens Senior Sea Kayak (SK)
- Womens Senior Sea Kayak (SK)
- Junior Sea Kayak (SK)
- General Purpose (GP)
- General Purpose Doubles (GP doubles)
- Open Canoe Doubles (OC doubles)
- Open Canoe Singles (OC)
- Relay (Relay 10km only)

Please note that the Relay class is for the 10km Challenge only - it can be done in Solo or Doubles teams.

Relay teams SOLO (one person per boat)

- Relay teams should consist of 3 members .
- Members of the team must be competent paddlers
- There are 2 swap over points along the length of the 10km Challenge.
- The first paddler will Paddle from the Start – 1st Swap over point.
- The Second paddler will Paddle from the 1st Swap over point – 2nd Swap over point.
- The Third paddler will Paddle from the 2nd Swap over point to the finish point

Relay Teams Doubles (2 people per boat)

- Relay teams should consist of 6 members .
- Members of the team aged 14 – 17 must paddle with a person aged 18 or over.
- Doubles Relay teams will only be allowed to use Open Canoes. Or K2's
- The 6 team members will split into 3 three groups of two - and will paddle as doubles.
- There are 2 swap over points along the length of the 10km Challenge.
- The first pair will Paddle from the Start – 1st Swap over point.
- The Second pair will Paddle from the 1st Swap over point – 2nd Swap over point.
- The Third pair will Paddle from the 2nd Swap over point to the finish point.

Seventh text box – If paddling solo please move on to Text box 8. If paddling in Doubles or in a relay team you must insert:

- Team name
- Full name of each team member (**DO NOT** insert your own name here)

Relay teams are advised to send in their application forms together.

Doubles teams are also advised to send in their application forms together.

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Eighth text box – If you require a shuttle service please tick the box marked ‘*tick here*’
If you use the shuttle service you will need to add £5 to your registration fee to cover administration of this service.

Ninth text box – please insert:

- Name of person to be contacted in the event of an emergency
- Address of person to be contacted in the event of an emergency
- Contact number of person to be contacted in the event of an emergency
- Any medical conditions

All participants regardless of age are to sign the Disclaimer.

If under 18 please ask your parent/guardian to sign the Parental Consent section.

Tenth text box – please tick relevant fees

Once all of the above is complete – please send in your registration form and relevant fee to:

**CANI – Unit 2 River’s Edge
13 – 15 Ravenhill Road
Belfast
BT6 8DN**

Please make cheques/ postal orders out to CANI.

IMPORTANT:

Please check www.cani.org.uk regularly for updates and changes.